



Why register my daughter in ringette?

It is an on ice sport that encourages team spirit since the ring must be passed across the blue lines. The objective is to score on the opponent by shooting the ring into their net.

- . A sport designed for girls (4 years old and older).
- . The teams are based on the abilities of the players with levels ranging from participation (local) through elite (intercity).
 - . A reasonable fee.
- . There are usually 2 activities a week (practices or games).
- . There is plenty of ice time for each player as the teams have 12-13 participants on average.



- . Come visit any one of our open houses. Bring a helmet, a pair of skates and a pair of winter mitts. Free entrance! Games and fun activities!
 - . Raymond Bourque arena (Sat. August 14th, 10:00-12 :00, 14 :00-16 :00) (St-Laurent)
 - . Beaconsfield arena (Sat. August 28 th, 10:00-12:00) (Beaconsfield / Kirkland / Baie D'Urfé, Ste-Anne-de-Bellevue).
 - . Sportplex 4 Glaces Pierrefonds (Sun. August 29, 16:30-18:00) (Pierrefonds / Île Bizard / DDO / Roxboro).
 - . Vaudreuil arena (Wed. sept. 1st, 18:00-19:00) (Vaudreuil-Dorion / Île Perrôt / Pincourt / St-Lazare / Hudson)
 - . Pointe-Claire arena (Wed. Sept. 8th, 18:00-20:00) (P.C. / Dorval / Lachine).

. For more information, visit: www.ringuettelacstlouis.com